



## Communication: Practice Activity



### Goal:

This activity will allow youth to practice their communication skills in a one-on-one situation. Students will be put into situations where they need to communicate information about themselves quickly and effectively.

### Materials:

- Chairs for each person (optional)

### Instructions:

1. Break the students up into groups of 4 or more (try to keep an even number)
2. Tell the groups to sit one person across from the other, making two rows
3. Designate one row as the “interviewers” and the other as the “interviewees”
4. Interviewers will get just 2 minutes to learn as much about the interviewee as possible
  - a. Provide interviewers with a “topic” to cover. This could be personal (favorite color, number of brothers and sisters, etc.), hobbies (favorite sport, what do you do on weekends, etc.), or employment (what is your greatest skill, why would I want to hire you, etc.) for example.
5. After 2 minutes, interviewees will get up and move one person to their right
  - a. Repeat this process until each interviewer spoke with each interviewee
6. Have the interviewers recall the information about each person
7. Switch roles and repeat this process

### Things to point out:

- Listening is not easy, but something we can work on and get better at
  - Sometimes, we even think we were listening, but hear things incorrectly
  - This is especially the case when there is a time pressure or some other barrier
- Practicing our communication – whether it is trying to get or give information – makes it easier to achieve these goals
- The second round of interviewers may have had an easier time since they had a model to go off of. Take note of people’s communication styles, and mix and match for your own!